



Weehawken Recreation



Fall Programs!



Township Council

Rosemary J. Lavagnino
Deputy Mayor /
Second Ward Councilwoman

Carmela Silvestri-Ehret
First Ward Councilwoman

David J. Curtis
Councilman at Large

Raul I. Gonzalez
Third Ward Councilman



Township Manager
Giovanni D. Ahmad





ZOOM

Monday nights



HATHA YOGA with Cinzia

beginning Monday, October 18

7:00pm - 7:50pm

NO CLASS ON MON. DEC 27

AGES 14 & UP

REGISTRATION REQUIRED TO RECEIVE LINK

201-319-6061 OR

WEEHAWKENRECREATION@GMAIL.COM

**WEEHAWKEN
RESIDENTS ONLY!**

**VIRTUAL
CLASSES**

Ages 16 & Up



PILATES

with Aaron



Tuesdays



6pm - 7pm

Beginning Tuesday, October 19

No pilates - Dec.28



**REGISTRATION REQUIRED
TO RECEIVE LINK**

**WEEHAWKENRECREATION@GMAIL.COM
201-319-6061**

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RESIDENTS
ONLY!**

Weehawken Recreation



with **Cinzia Parma**
Recreation's long-time certified Yoga instructor

YOGA FOR KIDS



boys & girls ages 7 - 14

Wednesdays
4:30pm - 5:15pm
beginning October 20

Weehawken Residents Only!

Registration required to receive Zoom invitation to join class.

To register or for more information, please call 201-319-6061 or
email, weehawkenrecreation@gmail.com



ZUMBA[®] FITNESS

WITH KELLY



Weehawken Residents Only!

**You must be vaccinated to participate.
Proof of vaccination required.**

**Ages 14 & Up on Wednesdays
beginning October 20
no classes on Nov. 24**

**Roosevelt School - 7:00pm - 7:50pm
enter on Cooper Place**

REGISTRATION REQUIRED!

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